



NEWSLETTER - SP19

DEPT. OF HUMANITIES - CUI LAHORE



Meet Our Editorial Team



Patron
Dr. Ammad Ul Haq
Incharge Humanities Department



Co-editor
Ms. Maryam Jahangir
Lecturer



Co-editor
Ms. Sumaira Saleem
Lecturer



Designer
Arslan Aslam
(BCS Graduate)

Editor's Message

In keeping with the rejuvenating spirit of Spring season, the Department of Humanities, under the visionary leadership of Dr. Ammad-Ul-Haq (Incharge, Humanities Department) revived the spirit of its faculty, students and staff through various educational and recreational events during the semester Spring 2019. The current edition of the newsletter recounts the exuberance and excitement of this eventful semester during which our brilliant faculty and talented students unleashed their potential by arranging numerous curricular and extra-curricular activities.

I would like to thank Dr. Ammad-Ul-Haq for his insightful remarks, my co-editors for their endless cooperation and intensive efforts and our faculty for providing valuable content reflecting our rich and vibrant culture. As you peruse the 8th issue of the newsletter, you will experience the sense of pride and exhilaration in our accomplishments and achievements.

Enjoy reading!



Editor
Ms. Umara Shaheen
Assistant Professor

Pak-Afghan Cultural Get-together

The Department of Humanities organized a festive event '*Pak-Afghan Cultural Get-together*' for the Afghan students on March 24, 2019 in collaboration with HEC, Pakistan at CUI, Lahore Campus. The Afghan students presented cultural dances and recited poetry in Persian, Pashto and Urdu. They also showed a documentary depicting cultural outlook, historical sites and developmental projects of Afghanistan. A good number of dignitaries from the Lahore campus including Dr. Ammad Ul Haq (Incharge, Department of Humanities), Dr. M. Ashfaq Ahmad (Chairman, Department of Physics) and Dr. Abdul Sattar Abbasi (Head, Center of Islamic Finance) along with a few faculty members from NTU, Faisalabad graced the event with their presence.

Dr. Mohammad Ahmad Farooqui (Head Academics and Research Administration) while addressing the students said that Pakistan believes in promoting peace throughout the world. He emphasized that it was their aim to impart quality education to the Afghan students which would certainly contribute for the development and prosperity in Afghanistan. Likewise, Mr. Jahanzeb Khan Wazir, an HEC representative, congratulated the COMSATS team for organizing such a cheerful event. He called these students the soft assets of Pakistan in Afghanistan, who would serve as "ambassadors of Pakistan" in Afghanistan in promoting peace and education. At the end, Dr. M. Ahmad Farooqui presented souvenirs to the HEC representative, Mr. Jahanzeb Khan Wazir and event supervisor Mr. Saleem Kakar, (Lecture Pakistan Studies) Department of Humanities. He also distributed certificates among the members of the organizing team.



National Peace Summit Pakistan

The National Peace Summit Pakistan centered on the theme of Countering Fifth Generation War was organized in collaboration with COMSATS Literary Society on March 23, 2019 at COMSATS University Islamabad, Lahore campus under the supervision of Ms. Saima Chattha (Lecturer in English).

The event was comprised of panel discussions, story-telling, motivational speeches and youth development sessions. The panelists of the first panel talk were Gen. Ghulam Mustafa, Ms. Irum Ghani, Ms. Anoosha Shaigan, Mr. Jameel Farooqui and Mr. Muhammad Ahmad. The second panel talk was followed by the panelists: Ms. Aisha Malik, Ms. Naima Ahmed, Mr. Kamran Zafar. The event further proceeded by Ms. Saman Marvi, a renowned singer,

who sung a beautiful kalam and shared examples from her life to inspire the youth to be self-motivator. Many other inspirational speeches regarding principles of peace and harmony were delivered by our honorable speakers: Dr. Munawar and Mr. Ammar Haider. At the end, the Director of CUI, Lahore Campus, Dr. Qaiser Abbas expressed his gratitude to the chief guest and appreciated the commendable efforts of management team for organizing a successful event.



Magnificence of Allah Almighty: COMSATS Annual Photography Competition 2018-19

Ms. Saleha Fatima (Lecturer, Islamic Studies), organized a year-long photography competition 2018-19 with central theme of “Magnificence of Allah Almighty”. The online registration for the participation continued for 2 months after which well-known professional photographer of Pakistan, Mr Adeel Chishti, was invited as a judge. Mr Adeel Chishti is an academic degree holder in photography and cinematics from National College of Arts Lahore (NCA), CEO of Real Clicks and associated with numerous National and International Photography and Cinematic spheres including National Geographic Channel, Photo 18, Wekh Lahore, The Daily News, Eyewin India etc. He gave a lecture on adding magnanimous effects to successful candidates. For exploration and capturing quality clicks, selected candidates were given three months after which the submitted images were judged and positions were announced. The competition

concluded in January 2019 with prize distribution ceremony and final presentation of the competition which was immensely endorsed throughout the photography spheres of Pakistan.



Rangreza---A Cultural Event

COMSATS Psychological Society under supervision of Dr Shameem Fatima (Assistant Professor Psychology) organized a grand event “Rangreza” on March 26, 2019. The event comprised several activities such as Mental Health Awareness Camp, Intervarsity Photography Competition, Live Painting and Sketching and Musical Show. The details of each activity is given below:



Mental Health Awareness Camp

ایک ذہنی صحت کی ویسے ہی
ضروری ہے جیسے جسمانی صحت

A Mental Health Awareness Camp was organized by the BS Psychology students under the supervision of Ms. Maryam Amjad (Lecturer in Psychology) on March 27, 2019. Colorful brochures were made as a course assignment and also incorporated into a mental health activity that was aimed to provide psycho education about several psychological disorders to laymen with the help of colorful brochures creatively made by the students as a part of their course of psychopathology.



Intervarsity Photography Competition

The students of different universities participated in a photography



competition. The participants presented their two best pictures and described them according to their own perception. Two of the eminent photographers of Pakistan were invited to judge the photography segment who were Mr. Taha Malik and Mr. Adeel Chishti. The students of the Government College University Lahore won the competition.



Live Sketching/Painting

Students from different Universities participated in Live Sketching/Painting Competition.

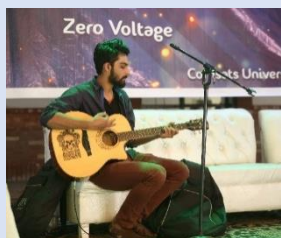


The Theme of live sketching and painting was “**Freedom**”. They were required to complete their masterpiece in 3 hours. Afterwards, two professional and renowned artists (*Amna Malik and Sundas Shah*) judged their work and decided on the best of the best. A student from **PIFD** was the winner of painting and one from **COMSATS** was the winner of sketching.



Musical Show

The Zero Voltage Band was invited to perform Live music along with a group of students from UCP Dramatics Club to show their Dance Performance. The audience cherished their performance. Towards the end of the event, honorary souvenirs were given to the performers.



Seminar on Qualitative Data Analysis

A seminar on *Qualitative Data Analysis* was organized by Ms. Amna Naveed (Associate Incharge, Humanities) and Ms. Saima Chattha (Lecturer English) on March 18, 2019. Dr. M. Islam (Assistant Professor English, The University of the Punjab) was invited as the guest speaker. The purpose of the seminar was to familiarize the students of MS English with the approaches of qualitative research and techniques of data analysis.



Workshop on Using PowerPoint for Business Presentations

A training session on "Using PowerPoint for Business Presentations" was arranged by Mr. Samar Kamal Fazli (Assistant Professor English) on March 18, 2019. The objective of the workshop was to train the students of BBA on how to prepare impressive presentations for a high tech audience. Mr. Shahid Bhatti (Assistant Professor, Computer Science) was the trainer of this workshop. He introduced and practiced interesting and latest features of the Power Point.



Music Fest Spring 2019

The COMSATS Music Society, under the supervision of Ms. Huma Ejaz (Lecturer English) arranged *Musicofest '19* on March 30, 2019. The event provided a platform to the talented musicians and singers of COMSATS and opening up opportunities for them in music industry while making them astounding ambassador of COMSATS. The “Open Mic” segment provided a great opportunity to the singers and musicians to unleash their potential in front of the highly energetic crowd comprising four hundred people.



MEHFIL-E-MAZAH 2019



The COMSATS Literary Society organized a Mehfil-e-Mazah, a humorous poetry recitation event, under the supervision of Ms. Saima Chattha, (Lecturer English) during the Students' Week. Renowned poets such as Idrees Quraishi, Dr. Fakher Abbas, Zahid Fakhri, Salman Gilani, Muhammad Arif and Murli Chohan entertained the audience with their amusing poetry. The event was hosted by Dr. Fakher Abbas. Mr. Salman Gilani graced the occasion as a chief guest whose mesmerizing performance stole the show. The worthy director Dr Qaisar Abbas thanked the esteemed guests and presented souvenir as a token of gratitude to them.

A Seminar on *Gratitude*

Dr. Kerry Howells, senior lecturer based at the University of Tasmania (Australia), delivered a session on *gratitude* to the faculty of Humanities Department, CUI, Lahore campus on April 18, 2019. Howells maintained that gratitude – defined briefly as ‘the



action of giving back out of acknowledgement for what has been received, in ways that are not necessarily reciprocal’ – has the potential to infuse relationships with a powerful force that genuinely recognizes contribution and value. Her presentation on gratitude was based on decades of research on the role of gratitude in several educational contexts. Participants left the seminar with a deepened understanding of the concept of gratitude and its place in our contemporary world. Dr

Howells also discussed strategies for practicing gratitude with the participants. Ms. Javaria Farooqui (Assistant Professor English) organized this seminar and following faculty members were nominated by the department to participate in this interactive session: Ms.Amna Naveed, Ms.Umara Shaheen, Ms.Iffat Khalid, Ms.Huma Ejaz, Ms.Shazia Aziz, Ms. Kaneez Fatima, Ms.Zainab Raza, Ms.Kainat Khalid, Ms.Sara Khan, Mr.Asif Ikram and Mr.Samar Kamal Fazli.

An Inspiring Session with Imran Khan (Anchor Express TV)

Mr. Sohail Riaz (Incharge, Media Studies) along with Dr. Farooq Abdullah (Lecturer Islamic Studies) arranged



an inspiring session with Mr. Imran Khan (Anchor Express TV) on March 07, 2019 who mesmerized the audience with his inspiring views on life and goals.

A Workshop on Women's Writing



Humanities Department arranged a three-hour workshop for the students of MS English. Ms. Javeria Farooqi (Assistant Professor in English) organized this workshop to enhance students' learning and understanding on the subject of

Women's Writing. The invited speakers were Sana Munir, author of the novel *Unfettered Wings* and a poet Ramsha Ashraf, who talked about the multilayered dimensions of feminist theory with particular reference to her subject position as a female poet, and to her anthology *Enmeshed*.



Interactive Sessions on Effective Teaching Strategies

An informal and interactive series of sessions was held from July 22-26, 2019 to equip the faculty with new ideas and strategies for effective teaching. In this enlightening series of sessions, all the participants were encouraged to share their experiences and discuss conventional and non-



conventional challenges that they face on daily basis. A brief account of the sessions is given below:

Time Management:

The inaugural session was conducted by Dr. Ammad ul Haq (Incharge of Humanities Department) with the title '*Time Management*'. Dr. Haq focused on the need to differentiate between the 'important' and 'urgent' tasks. He also emphasized the significance of planning to make your work day smooth and productive.

Evolving Teaching Practices:

This motivating session was conducted by Ms. Javaria Farooqui (Assistant Professor in English) who made the participants indulge in self-reflection by posing questions like 'What keeps them motivated and vigilant through the semester?' Responses to these questions created pool of ideas and sense of motivation among participants.

Workplace Communication

The third session titled '*Workplace Communication: Do's and Don'ts*' was conducted by Mr. Samar Kamal (Assistant Professor in English). The participants were divided into several groups and each group was tasked to develop policy options and protocols for effective communication among the

members of an organization at different tiers and in various settings.

Professional Ethics:

The fourth interesting session was conducted by Ms. Ayesha Aziz (Lecturer in English) titled '*Professional Ethics*' and emphasized on the need of developing proper code of conduct in response to the nature and the needs of the organization.

Harassments Types and Responses:

An attention grabbing session was conducted by Ms. Maryam Amjad (Lecturer in Psychology) on "*Harassment types and responses*". Ms. Maryam in her session focused on obscure instances of harassments and how they affect the students and their academic performances. Major focus was to highlight the need for training the members of the organization to make their environment friendly and safe for all the employees and students.

Modern Challenges and Responsibilities of the Teachers

Dr. Ilyas Ansari (Guest Speaker) invited the participants to ponder on the modern challenges and responsibilities of the teachers. He stressed on the need of developing reading habits and analytical and critical skills among the

students, which it was noted, is not possible for the teachers without acquiring reading habits themselves. Students must be encouraged to raise questions and challenge the preconceived notions.

New Language Patterns for Effective Teaching

The second last thought-provoking session was conducted by Ms. Muneeba Shakil (Assistant Professor in Psychology) and was well received by the participants. The purpose of this keen session was to understand the personality traits and communications styles of the students to make the teacher-student interaction more effective.

System Behavior

The closing session with the title 'System Behavior' was conducted by Dr. Haq (Incharge of Humanities Department) where he guided the participants to understand the protocols and methods of the organizational systems for more effective outcomes. The aim should be to utilize the energies and resources for more productive workings.

The workshop series came to an end with the words of appreciation from the Director COMSATS, Lahore Campus Dr. Qaiser Abbas. He valued the efforts of the organizers by distributing the certificates among them.



MOTOTECH, 2019

Ms. Tooba Ahmed (Lecturer English) organized an autoshow named MOTOTECH, 2019 during the students' week on March 23, 2019 in D Block faculty parking. A huge number of audience (Students, faculty, staff and families) attended the event. A number of luxury cars



along with vintage, modified and sports cars were displayed in the show. Famous groups of cars including Automania, Sinitar, Tariq Cars, I Zee Motors etc and heavy bikes including Thunder Bikers, Throttle, Marwandi Bikers and Torque Motors participated with their vehicles in the show. Female bike riders named "**Rides and Miles**" and "**Hijabi Bikers**" also participated in the show. The show ended with the shield and certificate distribution ceremony among the participants by the worthy Director COMSATS University Lahore.



Visits to PTV Lahore Center



The students of BS Media Media Studies and BS Psychology visited the PTV Lahore Center on March 11 and April 22, 2019. The visits were arranged by Mr. Sohail Riaz, (Incharge, Media Studies) and Dr. Ammad Ul Haq, (Incharge, Humanities Department). Dr. Farooq Abdullah (Faculty Advisor) escorted the students to the news room, design and engineering department and current affairs section. The Director, News/PRO (PTV), Mr. Muhammad Shakeel Malik conducted a very informative session for the students to enhance their technical and practical knowledge.



Achievement of COMSATS Psychological Society

The representatives of COMSATS Psychological Society, under the supervision of Dr. Shameem Fatima, faculty advisor, participated in two dramatic events "Natak" and "JEH'D" which were organized by GCU Faisalabad on 10th April and won trophies for best script, best comedian, best character, best director, best role play, and the best play of the event.



Newspaper as a Tool for Mass Communication

Mr Sohail Riaz (Incharge Media Studies) organized a session on "Newspaper as



a Tool for Mass Communication" on March 15, 2019. The guest was Mr. Adeel Daniel who has over 6 years' experience in journalism. He has also worked with some famous English newspapers like "The Nation" and "The Daily Times". Currently he is working as a news producer at Pakistan's famous news channel '92 news'. Mr. Adeel Daniel shared his way towards success. The speaker discussed his life struggles and achievements along with technicalities involved in the printing and segmenting a newspaper. Moreover, the students were educated about the pattern of a newspaper, hierarchy in a newspaper office and how one can differentiate print media and on-line websites. Afterwards, Dr. Nadeem Jaffar shared his thoughts and the ceremony was ended on a note of gratitude by Mr. Sohail Riaz (Incharge Media Studies) followed by a souvenir for the speaker.

Prayer & Inner Peace: COMSATS Annual Photography Competition 2019-20

Ms. Saleha Fatima (Lecturer in Islamic Studies) organized a training session for



the contestants of COMSATS Annual Photography Competition based on the theme "Prayer & Inner Peace". The session was conducted by Mr. Yasir Saeed (Director, Lahore School of Photography) who delivered a lecture on "Centralizing the Subject and Enhancing Volume and Density in Contrast Photography."

A Sitting with a Poet



COMSATS literary society under the faculty supervision of Ms. Saima Chattah (Lecturer in English) arranged a

literary session with a famous poet, writer and media person Mr. Ahmad Hammad on April 11, 2019. The session was arranged to inform the students about the delicacy and cognitive skills attached to literature and poetry in particular. The seminar was divided in two sessions in which the first session was led by the students of literary society to share their poetry with the esteemed guest. The session was very interactive and well received by the huge crowd of audience and admired by the guest poet. In the second session, Mr Ahmad Hammad shared his personal experiences and thoughts about love and life, literature and philosophy and compared them correspondingly. He shared some of his verses from his latest book 'Khyal Aata Hy'. At the end of the session, he gifted his DVDs of poetry to the participants and book to Mr. Sohail Riaz, Incharge Media Studies, and Ms. Saima Chattah (Incharge Literary society), the organizing head. The session which was aimed to spread peace and harmony by poetry and poetic ideas was ended by giving a souvenir to the guest as a token of gratitude by Mr. Sohail Riaz.



Workshop on Book as a Tool of Mass Communication

A workshop on "Book as a Tool of Mass

Communication" was organized by the Incharge,



Media Studies Mr. Sohail Riaz on May 13, 2019. The guest speaker was Mr. Salman Abid who is the CEO IDEA, a senior analyst of AAP TV, columnist at EXPRESS, career counselor, and a book writer. He shared his experiences, past incidents and the factors which motivated and inspired him to be a successful journalist. The students were informed about the importance of book as a tool to communicate and how a student should polish himself according to the needs and requirement of the field. The details about the media industry and its evolution, the current situation of journalism and its requirements were also discussed. Moreover, the audience was educated about the characteristics of a successful journalist, future media trends, the importance of having an

opinion and investing in professional socialism. This interactive session was ended on a note of thanks by the director of CUI Lahore campus, Dr. Qaiser Abbas and a souvenir to keep the memory of this motivational event.

Seminar on "Psychological Warfare & its Contemporary Relevance"

An interactive roundtable was organized by Ms. Maryam Amjad (Lecturer in Psychology) on "Psychological



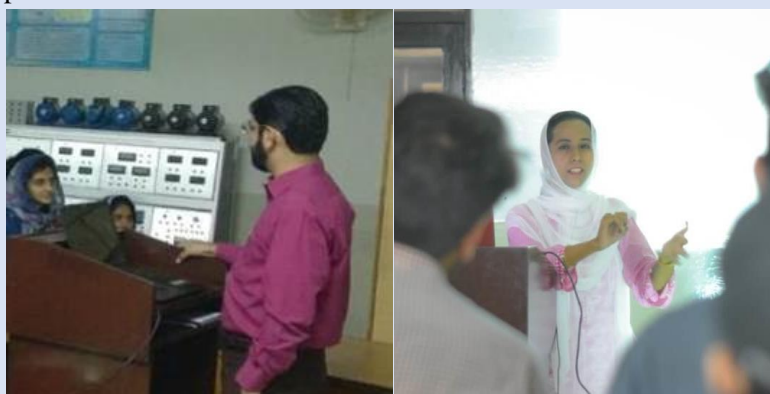
Warfare & Its Contemporary Relevance" on May 27, 2019. Mr. Ahmed Raza (Gold Medalist & Former Moderator DGPR), a young dynamic speaker was invited as the guest speaker. He shared his knowledge on "How media is playing a significant role in affecting an individual's psyche?" to the students of BS Psychology & BS Media Studies.

Career Strategies Workshops



The team of “Career Strategies Workshops” including Mr. Samar Kamal Fazli, Dr. Muhammad Farooq Abdullah and Ms. Maryam Jahangir successfully conducted training sessions with the final semester students of the Department of Electrical Engineering and the Department of

Humanities during the last week of May 2019. The training sessions were conducted on Monday, Tuesday, Wednesday and Thursday respectively. The workshops included sessions on Writing an Impressive CV, Getting Ready for a Job Interview, and Organizational Behaviour. Dr. Ammad ul Haq (Incharge Humanities) supervised the workshop and Mr. Samar Kamal Fazli (Assistant Professor) coordinated the sessions. Initiated by the Director Lahore Campus Professor Dr. Qaisar Abbas, the “Career Strategies Workshops” is a recurrent training activity conducted by the department of Humanities every semester in order to hone the employability skills of the CUI graduates for a bright professional career.



Seminar on Language Philosophy of Mikhail Bakhtin

Ms. Sara Khan (Lecturer in English,) organized a seminar titled “Language Philosophy of Mikhail Bakhtin” for MS English students on April 18, 2019. Dr. Syrrina Ahsan Ali Haque (Assistant Professor, Department of English, Lahore School of Economics), a highly acclaimed professional educationist and academician and the author of ‘Sand in the Castle: A Collection of Short Stories’ was invited as the guest speaker.



Workshop on How to cover Sensational Stories



Students of BS Media Studies attended a wonderful seminar on “How to cover a sensational story” under the supervision of Mr. Sohail Raja (Incharge of Media Studies Department) on April 30, 2019. A renowned US columnist, author and lawyer **Ms. Jill Nicole Filipovic** was invited to conduct this session. In the start, she shared her journey of becoming a successful journalist. She highlighted very important points to be considered for making a story newsworthy and sensational.

Counseling and Speech Therapy Services at Campus:

Dr. Muneeba Shakeel (Assistant Professor in Psychology) and Ms. Maryam Amjad (Lecturer in Psychology) as consultant counselors have been providing counseling and speech therapy services throughout the semester to the students and faculty of different departments of the campus.

Poster Presentation

Ms. Amna Naveed (Assistant Professor of English) organized a poster presentation, based on MS English students' research projects. The purpose of the event was to commend the future researchers on their first endeavor. The students presented their research work to address various linguistic and social issues. The activity not only encouraged and motivated the students but facilitated the young faculty as well to adapt the channeled visualization of research.



5th Interdepartmental Essay Writing Competition

The '5th Interdepartmental Essay Writing Competition' organized by Ms. Kainat Khalid (Research Associate English) and Ms. Sara Khan (Lecturer English) was held on April 4, 2019. The training session



conducted by Ms. Javaria Farooqui (Assistant Professor) was held one day before i.e. 3rd April, 2019. The prize distribution ceremony was held on May 13, 2019. The subject experts Ms. Sarah Saeed (International Relations), Ms. Maryam Jahangir (English), Ms. Saleha Faima (Islamic Studies), and Ms. Zainab Raza (Psychology) were awarded certificates. The winners were awarded with cash prizes and certificates of appreciation. The ceremony was graced by worthy director, CUI, Lahore Campus and Incharge, Department of Humanities Dr Ammad Ul Haq.

Online Course Completed:



An online course "Understanding Research & Academic Writing" was completed by Ms. Amna Naveed (Associate Incharge). The course was offered by the US Consulate and Regional English Language Office (RELO) Pakistan.

A seminar on Cultural Diversity

A seminar on "Cultural Diversity Leads to Peace" was arranged by Ms. Amna Naveed in

collaboration with Paigham-e-Pakistan, Government of Pakistan on April 09, 2019.

One Day Faculty Trip to Hiran Minar

The Department of Humanities went for an official trip to Hiran Minar organized by Ms Kainat



Khalid (Research Associate) on January 31, 2019. The trip was fully successful with light conversations, outdoor games, food party and refreshments in a healthy atmosphere.

Mazaq Raat

A TV show “Mazakraat” by Dunya TV was attended by Dr. Farooq Abdullah and Ms. Tasneem Rani along with the students of Media Studies on March 5, 2019. The purpose was to provide students an opportunity to experience live transmission.



The 6th Bi-Annual Drama Competition

Ms. Kainat Khalid (Research Associate) organized the 6th bi-annual interuniversities dramatics competition during student's week spring 2019. Six teams participated. A team comprising NCA teachers and theatre members adjudicated the competition. The event was a huge success with more than thousand audience as a cheering crowd.

Best Researcher and Teacher

The “Best Teacher and Researcher Awards” for the year 2017 were received by Ms. Tooba Ahmed (Lecturer English) and Dr. Shameem Fatima (Assistant Professor Psychology) respectively.



Workshop and Conference Attended

- Ms. Maryam Amjad, Lecturer in Psychology, attended a workshop titled "Mediation and Moderation through Process" conducted by Mr. Faran Ali, Lecturer, Department of

Applied Psychology, UMT, Lahore on 2nd July, 2019.

- One day research workshop “Technical Motivational Workshop: How to Read a Research Paper” was attended by MS English students along with the course instructor Ms. Amna Naveed (Associate Incharge/Assistant Professor) on February 15, 2018. The purpose of the workshop was to acquaint the students with the technicalities of research papers starting from how to understand the title of research, read an abstract and then a research paper, till summarizing each paragraph in three sentences. Furthermore, the workshop helped the participants in developing critical reading and thinking skills that are required to understand an article.



- Ms. Shamana Muddassar and Ms. Iffat Khalid attended the International Seerah Conference organized by the Department of Arabic and Islamic Studies, The University of Lahore on 4-5th March, 2019. The conference proved to be a worthwhile platform for unlocking various truths about the Holy Prophet's (SAWW) life that can help to solve many enigmas of modern days' individuals and societies.

- Ms. Amna Naveed (Associate Incharge), Ms. Umara Shaheen (Assistant Professor), Ms. Sara Khan (Lecturer) and Mr. Asif Ikram (Lecturer, DCO) along with MS. English students attended the International Conference on Linguistics and Literature, organized by the Department of English Language and Literature, UMT, Lahore.



Session Chair/Moderation

- ✚ Ms. Maryam Amjad, Lecturer in Psychology, moderated a Scientific Session at the 14th International Conference on Neuropsychology on April 15, 2019.
- ✚ Dr. Shameem Fatima (Assistant Professor, Psychology) chaired a scientific session in the "1st National Conference of Psychology for Sustainable Community: Challenges and Trends organized by the University of Sargodha on March 19-20, 2019.
- ✚ Dr. Asia Nusrat (Assistant Professor, English) chaired the English Language Teaching session at the 2nd National Conference on English Language, Literature and Education (NCELLE) 2019 organized by Lahore Garrison University on 26th and 27th February, 2019.

Conferences Presentations:

- ❖ Dr. Ammad-Ul-Haq (Incharge, Humanities Department) presented a research paper at the two-day international conference on "*The Problems of Women and their Solutions in the Light of Islamic Teachings*" organized by the Department of Comparative Religion and Islamic Culture, University of Sindh, Jamshoro on February 20-21, 2019.
- ❖ Ms. Saleha Fatima (Lecturer, Islamic Studies) presented a research paper titled "*Aurat March 2019 and Emerging Dimensions of Socio-Religious Debates- A Critical Discourse Analysis of Slogans and Media Discussions*" at the National Conference on Gender Studies-Sustainable Development Goals: Achievement and Future in Gender Perspective, University of the Punjab on May 2, 2019.
- ❖ Ms. Maryam Amjad (Lecturer, Psychology) co-authored a research paper with BS Psychology student titled "*Mobile Phone Dependence and Gaming Addiction as Predictors of Mental Health*". This paper was presented by the student at the 2nd International Conference organized by the Institute of Clinical Psychology, UMT Lahore on March 13-14, 2019.



- ❖ Dr. Muhammad Zubair (Assistant Professor, Islamic Studies) presented a research paper titled “*Riwayat-e- Seerat ki tehqeeq a Hadeesi Mayyaar: Aik Tajziyati Mutaila*” at a national Seerat conference at the University of Lahore on March 5, 2019.
- ❖ Ms Shazia Aziz (Assistant Professor, English) presented a research paper titled “*Revisiting Arms Race between India and Pakistan: A Case of Asymmetric Causal Relationship of Military Expenditures*” written by Dr. Rafi Amir-ud-Din, Dr. Fatima Sajjad and Ms. Shazia Aziz at the "International Conference on Contemporary Education and Countering Violent Extremism Practices in Pakistan" on March 27-28 March at UMT, Lahore.
- ❖ Dr. Muhammad Zubair (Assistant Professor, Islamic Studies) presented a research paper titled “*Rasm-e-Usmani mein Ghair Mojood aur Sahh Sanad se Sabat shuda Qira’at ka Hukm*” was at the International Qira'at Conference, Allamah Iqbal Open University, Islamabad on Feb 28,2019.
- ❖ In collaboration with Dr Shameem Fatima (Assistant Professor, Psychology) three research papers were presented at the "International Conference on Preventive Strategies in Clinical Psychology: Preemption and Promotion” by BS Psychology students on March 13-14, 2019. The conference was organized by the Institute of Clinical Psychology, UMT Lahore. The paper titles are as under:
 - *The Direct and Mediated Associations between Body image, Self Esteem, and Fear of Intimacy in Young Male Adults.*
 - *Parent-Child Relationship and Academic Achievements of Adolescents Living in Nuclear and Joint Family System.*
 - *A Comparative Study of Emotional regulation and psychological adjustment in Smokers and Non-smokers.*
- ❖ In co-authorship with Dr. Shameem Fatima (Assistant Professor, Psychology) two papers were presented at the “*1st National Conference of Psychology for Sustainable Community: Challenges and Trends*” by BS Psychology students. The paper titles are as follows:
 - *Mediating Relations between Parental Punishment, Social Competence, and Aggression in Late Adolescents*, presented by Tehmina Zubair & Dr. Shameem Fatima.
 - *Body Image, Self Esteem, and Fear of Intimacy in Young Men: A Mediated Moderation Model*, presented by Arshia Ghazal, Ayesha Zulfiqar, & Dr. Shameem Fatima.
- ❖ Ms. Maryam Amjad (Lecturer, Psychology) presented two research papers titled “*Mobile Phone Dependence and Gaming Addiction as Predictors of Mental Health*” and “*Traumatic repercussions of the parents with the children diagnosed as Acute Lymphoblastic Leukemia*” at the 14th International Conference on Neuropsychology held at PC Bhurban on 12-14 April 2019.
- ❖ Dr. Farzana Ashraf (Assistant Professor, Psychology) presented a research paper titled “*Bullying, Mental Health Problems and Burnout at Workplace: Direct and Moderated Associations*” at the "International Conference on Preventive Strategies in Clinical Psychology: Preemption and Promotion” on March 13-14, 2019. The conference was organized by the Institute of Clinical Psychology, UMT Lahore.
- ❖ In collaboration with Dr. Farzana Ashraf (Assistant Professor, Psychology) eleven research papers were presented at the "International Conference on Preventive

Strategies in Clinical Psychology: Preemption and Promotion” by BS Psychology students on March 13-14, 2019. The conference was organized by the Institute of Clinical Psychology, UMT Lahore. The paper titles are as under:

- *Ideals in Intimate Relationship: A Gender Perspective* by Mehtab Hafeez
 - *Orientation towards Close Relationships and its Mental Health Outcomes in Young Adults* by Haleema Sadia and Ruhma Tahir
 - *Onychophagia (Nail-Biting) as an Indicator of Positive or Negative Perfectionism* by Syeda Mehak Naqvi and Syeda Khola Bukhari
 - *Single Parents in Comparison of Both Parents: Moderated Link between Maternal Abuse and Academic Success in Adolescents* by Faiza Salabat
 - *Impulsive Personality and Sexual Self-Concept in Married Adults: Moderating Role of Gender* by Neha Malik and Sadia Munir
 - *Association of Neuroticism with Smoking in Adults* by Rabea Saeed and Aneeqa Munir
 - *Loneliness as Matter of Personality: A Correlational Study in Adolescence* by Naisha Mukhtar and Kainat Fatima
 - *Which Personality is more Creative? An Assessment of Big Five Model* by Tayyaba Kanwal and Mehwish Abbas
 - *Prevalence and comorbidity of Mental Health Problems in Pakistani Juvenile* by Tahir Mahmood
 - *The General Aggression Model in Relation to Introversion: Moderating Role of Gender* by Zainab Tahir Raza and Faiza Akhtar
 - *Association of Narcissistic Personality with Cognitive Distortion* by Mahnoor Arshad.
- ❖ In collaboration with Dr. Farzana Ashraf (Assistant Professor, Psychology) seven research papers were presented at “1st National Conference of Psychology for Sustainable Community: Challenges and Trends” held on 19-20 March 2019 by BS Psychology students. The conference was organized by Department of Psychology University of Sargodha, Sargodha. The paper titles are as under
- *Executive Functioning in Adolescents: Interactive Role of Age and Gender* by Ayesha Zulfiqar and Aqsa Amin
 - *Adjustment of Afghani Students in Pakistani University* by Tehmina Zubair
 - *Perceived Stress Among University Students* by Neelam Shahzadi
 - *Academic Motivation in Young and Older University Students* by Amina Wajid
 - *Body Image as a Function of Age and Education among Gym and Non-gym Users* by Arshia Ghazal
 - *Coping Skills of University Students: A Cross Sectional Study* by Rajaa Masroor
 - *Marital Adjustment in Married Pakistani Women* by Zoha Muslim
- ❖ The following research papers were presented by Dr. Aasia Nusrat (Assistant Professor, English) in the International Conference on Linguistics and Literature, organized by the Department of English Language and Literature, UMT:
- *The Study of Ideological Representation of Muslims in Hollywood Cinema: Critical Discourse Analysis.*
 - *Investigating the Use of Vocabulary Learning Strategies by ESL Undergrad Pakistani Students at COMSATS University.*

- ❖ Dr. Farzana Ashraf (Assistant Professor, Psychology) presented the following papers at the “14th International Neuropsychon Conference on Psychiatric Updates” held on April 12th to 14th 2019, Pearl Continental Hotel, Bhurban (Murree Hills), Pakistan.



- Ashraf, A., Ahmad, H., & Malik, S. (2019). Burnout as a Risk Factor of Poor Mental Health: A Study of Mental Health Status of Medical Health Professionals (MHP) in Pakistan.
 - Khalid, A., & Ashraf, F. (2019). Impact of Cyber Victimization and Bullying on Mental Health of Medical Health Professionals.
 - Iqbal, H. Z., Malik., & Ashraf, F. (2019). Circadian Typology and Sleep Quality among Nurses: Moderating Role of Work Schedules.
- ❖ Ms. Javaria Farooqui (Assistant Professor, English) presented a research paper titled "*The Muslim Woman Question: Aesthetics of Representation and Politics of Erasure.*" on the Pakistani popular fiction in the Thirteenth Annual HSS Conference at LUMS on April 10, 2019. She was part of the panel also.
- ❖ Under the supervision of Ms. Shazia Aziz, BS Psychology students presented a paper on “Challenges in Higher Education” at the 5th Higher Education Conference held in August, 2019.
- ❖ Ms. Shazia Aziz, Ms. Amna Naveed and Mr. Faisal Aziz presented a paper on “Blended Learning” at the 5th Higher Education Conference held in August, 2019.
- ❖ Dr. Musferah Mehfooz (Assistant Professor, Islamic Studies) and Ms. Huma Ejaz (Lecturer English) presented a research paper titled “*Peace Study as Arbitrator of Societal Transformer to Religious Education in Pakistan’s Madrassas*” in the 4th Islamic Conference on “Islamic Learning in Pakistan; Problems and Prospects” held on April 10-11 2019 in Bahauddin Zakariya University, Multan.
- ❖ Dr. Musferah Mehfooz (Assistant Professor, Islamic Studies) presented the following papers at various national and international conferences: also has presented papers entitled:
 - “Concept of Riba in Semitic Religion and Historical Attitudes toward Riba from Biblical Times to Present: An Analytical Assessment” GLOBAL FORUM ON ISLAMIC FINANCE (GFIF 2019) COMSATS University Islamabad, Lahore Campus, March 13-14, 2019
 - Religious Tolerance From Prophetic To Caliphate Era & Reasons for Religious Fanaticism and Factionalism In Present" Challenges to Inter-Faith Harmony in Pakistan: Strategies and Solutions, University of Gujrat, March 13-14, 2019
 - Pakistani Education System and Reservation of Religious Minorities, Challenges to Inter-Faith Harmony in Pakistan: Strategies and Solutions, University of Gujrat, March 13-14, 2019
 - Analytical Study of Contemporary Issues Regarding Women’s Rights and Shari’ah Perspective : Interpretation and Misinterpretations, 7th International Seerah Conferance, University of Bahawalpur, April 09-10, 2019
 - Peace Study as Arbitrator of Societal Transformer to Religious Education in Pakistan’s Madrassas, Islamic Learning in Pakistan: Problems and Prospectus Dept. of Islamic Studies and Islamic Research Centre, BZU, Multan, April 10-11, 2019



- An Overview of The Chorological Study of Orientalism, Orientalism and Muslim Tradition: Problems and Perspective, Dept. of Islamic Studies University of Sargodha, Sargodha, April 29-30, 2019
- Prolific Contribution of Council of Islamic Ideology for Islamization of Muslim Family Law Ordinance 1961: An Overview, Three-Day National Conference – Islamization of Laws in Pakistan: An overview of the Role of Constitutional Institutions, IIUI, February 26-28, 2019



Paper Publications:

- ❖ Aasia Nusrat, Farzana Ashraf and Rabea Saeed (2019) "Effectiveness of Instructors' and Peers' Oral Feedback on the Accuracy of English Writing: A Study of Pakistani ESL Undergraduate Learners". International Journal of English Linguistics, Canadian Center of Science and Education (ISSN: 1923-869X)
- ❖ Asif Ikram (2019) "Linguistic Vitality in Gilgit Baltistan". Pakistan Journal of Language and Translation Studies", an HEC Recognized Y category journal.
- ❖ Farzana Ashraf and Aasia Nusrat (2019) "Predictive Role of Personality Characteristics in Positive Emotions and Creativity: A Study of Pakistani Nuns". Pakistan Journal of Psychological research, HEC recognized, X category journal.
- ❖ Farzana Ashraf (2019) "Gender Comparisons and Prevalence of Child Abuse and Post-Traumatic Stress Disorder Symptoms in Adolescents" in Journal of the Medical Association an HEC recognized, W category Impact factor (0.71)
- ❖ Farooq Abdullah (2018) "Blasphemy Laws in Muslim States: An Analytical Study". AL-QALAM Research Journal HEC recognized-Y category.
- ❖ Muneeba Shakeel (2019). "A Qualitative Analysis of Suicides Committed by the Students in Pakistan". Journal of Medical Research, Vol. 58, No. 1, 2019. Y category.
- ❖ Muneeba Shakeel (2019) "Four session hypnosis intervention for smoking cessation: Treatment outcome evidence from Pakistan". Journal of Pakistan Medical Association, 2019, volume 69, issue 5. 734- 737. W category, Impact Factor 0.718.
- ❖ Rafi Amir- Ud-Din, Fatima Sajjad & Shazia Aziz, and (2019) "Revisiting Arms Race between India and Pakistan: A Case of Asymmetric Causal Relationship of Military Expenditures". Defence and Peace Economics (Impact factor 1.304) published by Taylor and Francis.
- ❖ Shameem Fatima (2019) "Age, Executive Functioning, and Decision-making Styles in Adults: A Moderated Mediation Model". Aging, Neuropsychology and Cognition Research Journal Impact factor 1.845.
- ❖ Shameem Fatima (2019). "Age, Executive Functioning, and Decision-making Styles in Adults: A Moderated Mediation Model." Aging, Neuropsychology and Cognition", ISI indexed journal, impact factor 1.845.
- ❖ Umara Shaheen, Muhammad Shaban Rafi, Shazia Aziz and Noor-ul-Ain (CUI) (2019) "Meeting Diversity in ESL Classroom: A Pedagogical Model for a Globalised Milieu". The Journal of Teaching English for Specific and Academic Purposes, ISI indexed journal.